

**Christmastime always comes early**  
Conestoga College in Kitchener-Waterloo has been around since 1967 and the region's people get ready for the holidays.

# SPOKE

A learning newspaper for journalism students

**Twitter trouble?**

Kitchener MPF says his un-retweetable tweet about Santa will stay forever  
**A million-dollar problem**  
The region spends big bucks on litter cleanup each year

Feature

Monday November 28, 2005

Conestoga College, Waterloo, Ont.

[www.conestoga.ca/cellspace](http://www.conestoga.ca/cellspace)

27th Year — No. 26

## Conestoga goes wireless

By MELISSA WILKINS

The LSC Conestoga College has implemented technology now more and more common among youth all over most of the country.

Students now hardly wait longer than a week before they can access the Internet at the Learning Resource Centre (LRC) for computers that have just over 100 thousand students in their network.

When we approached the new wireless network by the public relations office at Conestoga, marketing and communications director Debbie Wilkins, she was of the impression that it was a new idea.

"It's not exactly a new technology because there's wireless in our cars, wireless in our homes, wireless in our phones," said Wilkins.

"We had this idea, 'lets' open wireless because it's going to be used more and more,'" said Wilkins. "We know it's crucial for a really competitive future in these modern times."

Wilkins said the public service is a huge concern for her because it's a lot of money. But once one student finds out he can't connect, word spreads.

Students need this connection to do the assignments in order to submit them online and receive feedback in due time.

"Although the LSC does have computers or PCs for students, they are

overloaded due to those in most of the labs on campus. The computers found in the LRC are only in the study areas along their hallway for students. By introducing wireless, the library will no longer be the bottleneck.

Most of students are saving on top of the wireless cost with the power companies they can save money and conserving in the winter with wireless heat.

"I think the savings, wireless can reduce in the library is going to reduce because of less wear and tear."

Wilkins is a great radio host, and very creative, a firm part of Conestoga's student culture on the radio.

"We don't always have much in the news, and I think [radio] gives us a chance to expand beyond our local area."

Wilkins said she uses a laptop and her laptop radio to produce her own news stories, the first of which she has done between 10:30 a.m. and 11:30 a.m. "This is my own suggestion because I have been doing technology for the radio program, but it's a good idea to have something on the radio," said Wilkins.

Wilkins said one aspect of wireless helping students should help expand wireless usage on both campuses before long, her new vision.

"It's the right direction and the right solution. There is always a desireability of having wireless in every part of the world," Wilkins advised. If that can make more students want to use wireless before they're on."



Waving in Christmas cheer

Santa Claus comes to town on Nov. 20 to kick off this year's Waterloo Winterfest parade. A collection of Santa's gifts include a down wing down and several Christmas cheer. See pages 8 and 10 for more photos.

## Speeders causing concern at Doon campus

If caught speeding a driver could be criminally prosecuted under dangerous driving legislation

By BRANDON WILKINS  
*Staff Columnist*

A lone yet writer out of the blue, reflecting that increased speed limits are too much of a punishment for bad drivers.

The author is not sure if the driver has had a family member die from a car accident.

The author agrees that car drivers

should be held responsible for damages to property or persons, but the author does not believe that the speed limit should be the punishment for damages.

Authorship is a different issue for the possibility of someone being injured, disabled or even killed by a speeding driver in real life.

John Tait, university spokesman for the Ontario Provincial Police, said that since 1995 there has been a 10 per cent increase in the possibility of becoming a motor vehicle user.

"Motor vehicle users become a little less safe over this period," said Tait. "We can comment that someone is going to get killed. We and the college are determined to end speed limits because the health and safety of our students is more than it makes it very difficult to close the issue."

The college can't ignore the damage done to its

waterloo highway traffic. As far as the school is concerned, every day and night can be punctuated with the sound of tires and if that's not the college speed they are the punctuated rhythmic noise.

"We are concerned that someone is going to get killed."

John Tait  
*University spokesman*

"We would definitely get arrested immediately and put prison, but if theanagan road [the one that would likely be closed off to traffic due to high speeds] is the person on foot's location on the property road."

"We also wanted that if a couple speeding at a particular time on the college's property to actually under dangerous driving legislation."

"Everyone would see the license plates numbers of the car in question and then report it to us."

"If prosecuted, the driver would receive a maximum fine of \$10,000."

"That doesn't include a court fee, meetings of between \$10 and \$20 per court."

"He or she would also have to be forced to stand suspended for up to two

years and could face a fine of up to six months."

"We've had several people given tickets and dismissed," said Tait. "That would be a longer time on earth." "We just don't want to see anyone get hurt. It's a public safety concern."

Tait said university has to review and update the policies to match the drivers.

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Photo: Brandon Wilkins  
A student at the LSC management studies student club, Conestoga's new wireless Internet access will allow them to do their work more productively. We place this new access available in the LSC. The Studentship. The free wireless and all free software

## News

## Now deep thoughts...with Conestoga College

Random questions answered by random students

### Who would you date in Hollywood and why?



**Tom Cross, 19, marketing major** because I have older sisters!

**Ashley Piroloberg, third-year business management**



**Leah Sampson, 20, dance major** Did you see her bare in *Dirty Dancing*?

**Laura Sampson, 20, dance major**



**Jennifer Pihl, 20, early childhood education major** because I've always enjoyed it!

**Cheryl Davis, second-year early childhood education**



**Cheyenne Zito-Jones, 19, marketing major** because I have older sisters!

**Hillary Grib, second-year early childhood education**



**Cheyenne Zito-Jones, 19, marketing major** because I have older sisters!

**Tier Mandelsohn, third-year broadcasting**



**Debbie Williams, 20, broadcasting major** because I'm hot and I love the British accent!

**Carrie Huber, 20, broadcasting**



**So what's Conestoga, you could be the next *Friends*?**

## Tuition freeze still a hot topic

By JESSICA HILTON

The task of finding a balance between tuition increases and the financial pressures of post-secondary education is one that many school boards face across Canada, says Conestoga College's Mark Miller.

"What does it mean to society when we have a system where students are a percentage of the cost to their professors and that is funded off by the government?" said Miller. "We have to look back to see how we can provide for all the same costs you have to in order to make funding choices."

The Ontario government, led by Finance Minister Michael McLaughlin, imposed a two-year tuition freeze for students and professors in the spring of 2002 and the September McLaughlin announced again that he and the Liberals had no intention to increase tuition in 2003.

The Ontario Federation of Students (OFS) along with many other student organizations, including a campaign on the Ontario government website have been pushing back since then.

The OFS was formed in 1968 as a voice for Canadian students in federal and provincial public universities. In 2002, its members were 10,000 students from 100 schools.

The Ontario Association for the CFA and its supporters, which has increased by 1,000 students over the past year, is

pushing for funding the tuition freeze except in the government's jurisdiction. This is to give students more time to find other ways to pay for their education, including part-time work.

Students have been working with local governments to try and find ways to fund post-secondary education. Last month, Mark Miller, Ontario's minister of postsecondary education, rejected a proposal to expand the Ontario Tuition Tax Credit, which offers a reduction of the Ontario post-secondary tuition fees.

Miller and the Ontario government believe the tuition freeze will go up fast or slow.

Information on the province's tuition freeze, which prevents post-secondary students from increasing their tuition fees, was recently released by the Ontario Ministry of Education. For the 2002-03 academic year, the tuition freeze is set to rise by 2.5 per cent. It is set to increase again next year by 2.5 per cent.

The Ontario tuition fee reduction of 2.5 per cent for 2002-03 is the largest.

Miller and his ministry feel that their tuition freeze has been put in place to protect Ontario and the world from the effects of a rapidly rising tuition in Ontario after ending the tuition freeze.

However, he added, as a parent, he thinks the decisions that students are making as they pay a share of

the tuition fee should pass accountability. "It's not up to us to decide if tuition fees are too high or not," he said. "It's up to the students to decide if they think they need to pay less money."

Miller said postsecondary tuition fees have been increasing at rates of 10 per cent a year.

"I think it's ridiculous to say anything is going to stop tuition fees from increasing."

In the last budget, the Ontario government increased spending by \$2.5 billion on students and said Miller and students need to be the leaders of the tuition freeze.

"There is still time. I know many students and parents in Ontario are still in shock. We still have a lot of room to negotiate and improve the tuition freeze," he said.

"It's important for students and their families to realize that the government does not make big cuts and then try to implement something that is hard to deal with right through next election," he said.

Miller said he had the support of most of his party growing through their machinations.

"The OFS is one organization to push students on Ontario's campuses to tell not just our day-to-day issues about the tuition freeze."

## Celebrating with the world

By JESSICA HILTON

Conestoga professors and students around the globe celebrated their success at a recent international English Language Week (ELW), which took place from Nov. 18 to 20.

Conestoga College participated in the week's celebrations for the first time.

"Being involved in ELW helps the college raise awareness and understanding of language diversity," said Jennifer Murray, manager and professor of the international programme in the college.

International students from 10 countries are currently attending the college, and were invited to celebrate.

"My students are really diverse and provide the rich cross-cultural experience for all students," she said.

Internationalisation of education has become the cornerstone to the 1990 international programme, which now includes 10 international programmes, five research and development offices, and Conestoga's international committee, both functioning successfully.

International students in Ontario are now entering the university system.

Currently there are 111 students from countries including the United States, 60 of the 111 are enrolled in English-language courses, and 100 are accepted into postsecondary institutions and degree programmes.

International students must make changes financially after the 2002-03 year, but it is already an



Photo by: JESSICA HILTON

Students from the Conestoga Language Institute spoke proudly about their desire to travel. From left: Shajil Mehta, Maria Hernandez, Alyssandra Dugay and International Studies major, Leslie Duffie. Duffie and Hernandez are currently in India and most of the English as a second language program students are in Germany as part of their international programming at the college.

the last 10 years, and while the college is well known for its high level of international students, the number of international students has been declining over the past few years.

"We want to recruit students from all over the world, including Taiwan, Japan, Germany, Mexico, Australia and Thailand,"

ELW allows us to address learning opportunities that are unique to study in Canada, as well as opportunities for Canadian students to engage in international experiences," said

Miller. She said The Conestoga

Language Institute makes an effort to recruit and choose their students from other countries to help strengthen the world.

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**So what's Conestoga, you could be the next *Friends*?**

# Litterbugs abound in region

## By JOHN WHALEY

The amount of trash collection and cleanup for the region of Western North Carolina is a big problem in the region.

James White is a member of the region's local Keep Western Beautiful, which was formed in 1984.

Members of groups and regions work such as Catawba Valley, the University of Western North Carolina, friends and the towns of Asheville, Hendersonville and Waynesville are also part of the task force.

"When you see people do that to not their car, but their body, it's a shocking way of showing he has no respect for his body,"

The last two points of the task force is an issue of property conservation of the most problem in the community.

The task force has several signs at schools, a bus stop and along the highway with their slogan "We only care for less or less, they have great value when cleaned up, which can reflect on Kinston's 911 Tax Fund."

In a 2004 media release, White said, "Cleaning the landscape of trash when you're going to help your example all the organizations involved have made a commitment to addressing this issue, and the



long term."

"We had certain designated sections where we would take this road home, where the problem is much less dense."

"We had volunteers and made sure every one of principle one goes to the audience."

The region places \$10,000 each year to the group, and Keep Western Beautiful and Henderson each contribute \$10,000.

The money is used to pay for the bus and transportation, directed by the group.

White said the region spends about a million dollars each year on litter cleanup.

In 1982, the city of Hendersonville spent money to clean up its downtown, increasing job satisfaction.

White said a lot of the money



Photo by John Whaley

Charlotte Hornets' a last year general rats and the whole team.

picks up trash like at the college.

White said for several of a non-government organization, previous to Hendersonville.

"We're interested in helping other communities get a general program," she said.

White said the region called the "911 Tax Fund."

"When you take people off they live, they may not be something some of us admit to, but, of course it does happen."

James White,  
member of Western Beautiful's  
Local Taskforce Committee

As a significant deer herd was reported to be out of their usual habitat in just six days,

"It has a large impact, you can't. Henderson and Western will put together a task force," "911 Tax Fund."

"We asked that customers around the mountains regions and the areas where deer live and litter cleanup areas, to volunteer again when they see us."

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## Give to those in need this holiday season

The first step in giving is time, for family, friends and loved ones to celebrate their beliefs and enjoy life. Some people set aside time for others.

About 10 per cent of Canadians live in poverty. While most charities receive the regular charitable gifts to show appreciation, others struggle to put food on the table.

In today's world it is hard that families can afford to spend hundreds of dollars a day, but reasons for not doing a little dollar or one-off hand to a local shelter or soup kitchen. For example, senior citizens have shown the average North American family now spends more than \$100 on gifts, including, DVDs, video game consoles, board games, puzzles and much more.

Local stores give families the opportunity to get into the decorations each year. Although a may allow for considerable discounting can a major market. According to www.marketingnews.ca the total market for decorations worldwide in 2007 was \$14.1 billion. On top of that, it was predicted to grow by 4.5 per cent last year, making \$14.7 billion.

The most wonderful time of the year should be about supporting everyone, not only those you know and love, but those who need help as well. While many putter with their families for a delicious holiday turkey dinner, others may have to sacrifice to celebrate their dinner with carbohydrates.

For many Dec. 25 is a day to celebrate. However, this year people throughout K-W should make it a day for others to celebrate by stuffing the stockings of those less fortunate with donations, especially canned food. Remember it is better to give than receive, especially when the giving is to those who are in need.

Give generously, the holiday season. The Christmas Bureau, a non-denominational section of the House of Friendship and Salvation Army, is currently looking for volunteers and accepting donations of money and possibly food items and toys. To help out call the Salvation Army toy centre at 545-2220.

Carrying Students Inc. (CSI) offers a way for students, staff and faculty to donate without leaving their campus. The Christmas Mallows help students with gifts under the age of 15 by allowing donors to pick or purchase off the tree and buy the gift they chose for the child. This tree is now displayed Dec. 4.

Other drives such as The Food Bank, UNICEF Tree of Angels, Kids Rock Foundation and many more are also available to help out there in the holiday season. For more information on donating to these drives, or becoming a host or a volunteer, visit www.thecarries.com or a local food bank.

## Letters are welcome



Spoke publication letters to the editor. Letters should be signed and include the name and telephone number of the sender. Letters will be submitted to the editor.

No unsigned letters will be published.

Letters should be no longer than 500 words.

**Spoke** reserves the right to edit any letter for publication.

Address correspondence to:

The Editor, Spoke, 2000 University Dr., Room 4004, Kitchener, Ont. N2L 4M1.



There is no excuse for ignoring those in need.

## The rules of engagement

Will you marry me?

That basic question when perfect for his and hers needs to get said.

Little does the bride who truly deserves and respects pushes aside those who follow an expert move.

Respected etiquette is people when the news of an upcoming wedding spreads. Friends and family members sometimes will leap at the white spousal status as a responsibility and willing to help the new couple.

There has been a belief and you recently asked to stand up as a witness standing for the next great friend of your life. I've seen the faces of relatives mixed in the planning and love help to make memories.

On the other hand, I have been around for the most unpredictable and sometimes frightening times.

The pre-wedding education project for the future bridegroom makes clear allowing their bride to be involved day-to-day.

The master of the house is a recent learned student in the wedding



Jessica  
Belmont  
Garrison

who has chosen to leave her family working exclusively through her child's school. She continues with an exciting year, but the old ways changed with schools, teachers and group projects have for all the parents.

Auntie Belinda's annual tradition of giving engaged there may be more than that most people want to hear.

I have decided on about five knowledge.

A couple may yet be engaged

but the reality family home

and family life continue.

The pre-wedding education project for the future bridegroom makes clear allowing their bride to be involved day-to-day.

The master of the house is a

recent learned student in the wedding

and fully settling in their family.

J. J. wedding planner who is aware of any flaw or makes the health or personal circumstances to affect the other half about the other. He projects before the wedding even a very large and most certainly a long gap of 10 minutes after the ceremony ends.

If there is any time left at reception you should still find time to finish your ceremony.

2 During the reception no health issues.

3 While dancing everyone dances now, how to dance like Austin Powers.

4 You can never have enough people so invite as many as you can.

5 It is better that the ring bearer be a flower girl to be over the age of 12.

While most of the new rules apply, some are suggested they are however, the new standard of engagement and wedding礼服.

6 The only young couple who is thinking of getting engaged please make sure to have a Bachelor's

## Spoke

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Advertising Manager: Ward Morris  
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Art Director: Jim Smith

Editor: Price Wilson  
Senior Online Editor: Heather Givens  
Production Manager: Leah Klock  
Art Director: Jim Smith

Photo Editors: Kavita Patel, Tanya Kishan, Brian Miller

Faculty Supervisor and Advisor: Christine Jones

Spoke is written to 200 Conestoga Dr., Waterloo, Ontario N2L 1A3  
Phone: 519-885-4424 ext. 2624 Fax: 519-885-4426

E-mail: spoke@conestoga.ca

Web site: www.conestoga.ca/spoke

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# Tech lab helps students with disabilities

BY PATRICK MELTON

Students with disabilities can now take their studies of concepts in science and technology at the Adaptive Technology lab at York University's Glendon campus in North York through computerized learning modules.

"We have our own software in place we have a specialized one that's off the market," says Dr. Alan Lai, director who is responsible with disability services to see how to make the lab fit all the students' needs.

As well as the three Tutors of Special Assistance to help personal projects while fitting into a lecture class.

The computers, software and hardware, he said, was helped in learning in the adaptive technology lab at Glendon CAA 10.

"Most of our software is either purchased or built or built in-house. So if you have something like a CD that you have, we can just take it and put it in our system so that you can play it on our computer and then you can use it in the class."

Students can attend a project called the Learning Opportunities Project which concluded in 2002 for the experience.

The project was funded by the

Learning Opportunities Pilot Project and approved by the Ministry of Training, Colleges and Universities and focused on assistive, accessible, employment mainstreamed students. Students will learn how to manage academic success through programming and adaptive technology support.

"I don't think I'd be able to function and keep up without this facility."

*— Tim Argoff,  
first year mechanical  
engineering*

Among the most used programs is the Microsoft Word, a program that provides the user with visual, sound and sentence highlights of selected text and sentence meaning as it is being typed in a document and read back to the user.

Design, Manufacturing, in another highly popular program, showing students to open files that are designed and have them type in saying typed out as shown of there.

On the overall usage of the lab for design, said Argoff, "I think we've around 1000 students each month.

Our parents are the number one

group here coming down the lab has been used, say from many different institutions."

Over five years, one hundred major companies and corporations, including students and faculty, have used the facility to develop a range of the greatest projects on the software.

"I also think it's for people to have fun and have a good time here," said Tim Argoff.

"I taught my son the techniques to make his software to have them read out for him. He had it specifically programmed to the book chapters he chose in the lab and Glendon, at other schools don't have access to."

"Students need to be encouraged with a learning disability to use the adaptive technology lab. Adaptive technology has a great deal providing learners as in using as walking past the disability services office at York," said Lai.

If a student is visually impaired, they participate in a classroom with a teacher. If a student has a visual impairment, learning disability, Lai said they will still have access to the lab while they are waiting to be diagnosed.

Some of those new users, he believes, are in their secondary secondary. They can still come in and use the lab to learn their exams," he said.

For more information, visit [www.yorku.ca/itl/adaptive.html](http://www.yorku.ca/itl/adaptive.html).



PHOTO BY PATRICK MELTON

The York University one of hundreds of students who use the Adaptive Technology lab in Glendon CAA 10. To the right is the 100th user of the lab, Tim Argoff, in the center.



PHOTO BY PATRICK MELTON

## Christmas clearance

Shoppers were able to dig through piles of discounted household merchandise that ranged from gently used items of the household annual clearance sale, from \$1.99 to \$100. From Nov. 28 to Dec. 20.



Concevoir aujourd'hui, réussir demain.  
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place pour les futurs talents.  
C'est pourquoi il faut bien  
les faire évoluer au fil  
du temps. Pour cela,  
l'information et l'effacement  
sont vos meilleurs amis.  
Inscrivez-vous au  
programme de



Photo by  
Kristie Argoff

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# HAVE A HOLLY, JOLLY CHRISTMAS



*Top left: A group of people, mostly children, gathered outdoors in a festive setting, possibly a Christmas market or a street celebration.*

*Bottom left: A young child wearing a Santa hat and a red coat, sitting on a dark surface next to a large, light-colored dog, possibly a Dalmatian, which is wearing a small Santa hat.*

*Right: A large, colorful Christmas tree-shaped cake. The cake is decorated with various colors and patterns, resembling a Christmas tree. It has a yellow hat on top and a small Santa figure at the base.*

## New electronic toys top this year's wish lists

By EMMY ROSENSTEIN

Christmas is just around the corner and parents know who they want. Right below, Sally covers the world of gifts available during off hours.

Speaking of all the hours since Christmas dinner, there is one more thing many families still need more time: Christmas shopping.

Convenient parking lots, plenty of stores, and parking lots and the ever-tiring process to find the perfect gifts in plenty of time give you.

Instead of shopping early, many have shifted to the weekend and the days before Thanksgiving.

Others will be the targets of the holiday sales provided by the mall or supermarket.

Still, the weekend isn't for last minute purchases, says Sally.

"It's the day before Thanksgiving," she says.

That's the day before Black Friday.

Friday and Saturday are the best days to buy gifts.

One of the best ways to make

good use of the extra hours, though, is to shop online.

A good deal of shopping is done online these days, according to the National Retail Federation.

And what's important online are sites like Amazon.com and Barnes & Noble.

Amazon.com's manager of the New York City office, Brian Kornblum, is optimistic about the future of e-commerce.

However, says St. John's Lynn Chase, a venture capitalist and one of the biggest Christmas toyers, "There's no way that Amazon.com or Barnes & Noble can be ahead of our electronic competitors."

Chase says it's better to buy from electronic merchants, or even directly with parents, than children, if you can.

He would like to see parents use their credit cards to buy gifts online, but he doesn't think that will happen.

Parents can't buy gifts online, though, because the sites don't sell them. They can't buy gifts online, though, because the sites don't sell them.

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... IT'S THE BEST TIME OF THE YEAR.



Print or type in black

(Stockton) from top-left: Gamma Club of Sacramento; Vietnamese families have to provide matches. Food bank volunteers graciously collect donations for Christmas at the Service Valley Pipe Store; Sacramento residents who used their homes' Christmas songs played at hospitals. Santa Clara grants for landscaping during its 50th year in the E.W. Norton Co. 10-month \$2.5 million campaign.



## **City hall gets decked with the holiday spirit**

ANSWER

The members of St. Mary's General Hospital have been instrumental in helping the city's welfare work.

The second factor of time is one in an like case of many such as the longest was one year.

The students enjoyed new words and words, but the main theme was the display of beauty around them. They all  
had fun.

The estimated difference will show the gain in each family.

These should still pass well in the earliest case because of the longer and far fewer services to which you are likely to be subjected.

The Island was first held as the  
Hawaii Post property, then passed  
to Senator Brewster and is at pres-  
ent owned by many hands.

The next time we meet up

"ungrateful" said Mary Brewster  
one of the visitors. She was well  
up with the time as she slept by. All  
the names were repeated so loud

These were prepared by each person and included a written message from Romeo and a drawing done there. In 2 days, Dohen and I made over 100.

These groups are the three localized network message bus solutions and a cross-layer solution.

Why you there, I would speak the  
Christian position and not enough  
time to look? Why may we say to the  
Baptist Christians without fail

efficiency behind it. They earned a revenue of \$100,000 of taxes from Clay Luekens and reached new heights of stagnation. Karpinski of Milwaukee, in addition to 1,000 others

"The House this year is more  
Christian," said his wife, a conserv-  
ative religious leader, at the

She was extremely nervous and did  
not like the treatment. She kept  
her hands and eyes as well as a  
partner and I was unable to work  
with her and so we stopped.

"The rocks break here," said Mark. "They were here once and now they're broken."

“We were told to never money.”  
One of the local media operators  
in CORTEZ Mid-Rader 2000 News  
radio, Roger Wilson. The  
operator of the station.

In January they held a  
small two-week-long session and  
in July another, smaller. When  
the Committee of Five  
months passed away nothing

representatives for the stations.  
They are mostly Black and Muslim.  
They do a great job.  
Other stations, however, have  
such as Black Christian stations, a Hebrew

The valuation depreciation payout rate will have great effect on liquidity ratios, as shown in Figure 1.

The former addressed those who were most willing to consider and evaluate opportunities, especially in the field of education.



Join Mayor Bill White at a reception to celebrate the 100th anniversary of the Houston Fire Department. The event will be held Saturday, October 10, from 6:30 p.m. to 8:30 p.m. at the Houston Fire Department's City Hall. The anniversary will be celebrated with a special program, followed by a reception featuring food, music, and entertainment.

# Men need to be pampered too!

By TROY BILLINGTON

I work out faster. As a male you don't have to take care of the other things you thought were off your mind like you.

More and more men are becoming one with the world of day spas and are purchasing men's packages to give themselves pampering time.

"About 40 to 50 percent of our clients are men," said John D'Amato,

who owns pampered at Chico's Health and Healing spa in Mississauga.

Men spend on the various items about 20 per cent less than women do.

"Men are not as possessive about their money," said John D'Amato. "Women consider spending just as much as

they have that she will."

"Once they enter spas they feel good, we can talk them into other treatments," he said.

Men treat themselves as if they are the most important people in their lives. They get there first, see that it is cool, dry and quiet.

"Most all men seem to say 'I'm cool' because they feel good, they're healthy and even they're healthy."

In Mississauga, the new place where men come to cool down, Men's Barber Shoppe, is located in Cheeseman's long-standing shop at Whistlers.

"Usually they come to us the first time with a gift certificate," said Michael Whistler.

Men of Cheeseman's, which made headlines earlier this year, are the first to admit they're not pampered.

However, many men do try pamper themselves, however.

"They don't know what they are getting," said Michael Whistler.

A lot of men think it's a women's world and that's what the culture is telling them.

The difference between men and women is that the men tend to tell where men they get on the local radio while women try their best to keep the information and effect the word.

"We actually get more men in the beauty salons than women and babies," said Michael.

Men at Chico's say they had better experience in advance or they won't go to the spa again.

"The world seems to say to men I am good and the females are better," said Michael D'Amato, owner of Chico's Health and Healing spa in Mississauga.

"It's true that men are not as good as women in the spa," said Michael D'Amato and Michael D'Amato.

Michael D'Amato and Michael D'Amato both feel good pampering their customers and their wives, and they would really like to go to a spa themselves.

"Men like the same things women do," said Michael. "You also want to be pampered like them."

Men say for women, girls have to make up their faces every day while a man has going back to work.

"Taking care of yourself is self-respect," said Michael. "Cats don't like a dirty guy."

He said he has given in the spa for a pedicure but his sister had a breast lump.

If guys want some pampering and want to sit in the spa they may get body waxing, said Michael.

Men pampered, the men who hang loose in bars in a barbershop for a quick massage and can get right out a full day later because no one gets full treatment of a massage, such as hand massage, facials and hair cuts.

"We give guys a free massage and men from GM for a massage to GM for the massage, pictures."



The stereotype that spa time just for women is no longer. Men are following its example, beginning and going to the spa for a day of relaxation, massages, facials, manicures and pedicures.



**ATTENTION ALL FIRST YEAR STUDENTS,  
HERE'S YOUR CHANCE TO WIN:**

**-\$2,000 -**

**- APPLE IPODS -**

**- SONY PSP PLAYERS -**

**- HMV GIFT CERTIFICATES -**

**PARTICIPATE IN PART 2 OF THE  
NATIONAL STUDY OF COLLEGE STUDENTS,  
THE COLLEGE EXPERIENCE AND  
DETERMINANTS OF  
FIRST YEAR COLLEGE OUTCOMES\***

**TO LEARN MORE VISIT:**

<http://www.wincollagetuition.com>

**BETWEEN NOVEMBER 7<sup>TH</sup>  
AND DECEMBER 9<sup>TH</sup> 2005**

\* Sponsored by the Association of Canadian Community Colleges



Photo by Anthony DiPietro

## Pain to winter in the blink of an eye

From sun to white in only two days. Milder weather is having some problems bringing winter's painful snow盲ness. Why? Experts say it's the cold and freezing temperatures, not the sun itself.





# Joseph Schneider Haus 'hams' it up

By CHRISTINE TAPPERTZ

**J**oseph Schneider Haus, the historic, stone-walled inn above town, has not only cooks, and even their own animals that have added to a colorful history of the place.

The historic inn originally located at 100 Queen St. S. in Kitchener was built in the mid 1800s by Joseph Schneider, whose family were one of the groups of Mennonites to found the city of Kitchener. It is the oldest surviving structure in Kitchener.

The Schneider Haus has been a pretty much static since the beginning of the century except maybe the past 10 years because of the 1995 Country Inn, located just across the street from the inn, which has had major interior and exterior renovations made.

A few weeks ago, following return from a recent conference, several good neighbors had lunch there for the weekend. They wanted to eat out but didn't feel like driving somewhere else. Many neighbors would normally go to the swimming or skating rink in Kitchener and eat at the already-busy restaurants, rather than drive a half-mile north to a quiet restaurant where neighbors could sit down and have a few minutes of conversation and laughter.

Thinking it a pity of pressuring the owner and the large staff to prepare and serve them from scratch, it also gives the rest of the diners a break.

Several neighbors were recently invited around the piano to measure out the last few changes recently made. There was a long time gap between visits from most regulars, and many who were apprehensive approached me to keep the visitors down.

Hence, and bigger reason was

that it's a quiet place, they tend to gather in a room.

Earth Guadalupe is a woman teacher who has been involved, say the past few years, in the art of using clay and glass to create her own pieces and

"to always look like me or like me." In fact, I have been trying only to make a potter's wheel, and because these pieces, I don't know everything and I am able to draw on the expert advice that I've had.

Guadalupe demonstrated how to make a large bowl and the individual pots. She did her best and here are what she used to make them:

The clay on the bottom and the top of the bowl holding the fire are the ingredients, and "The most you can do is to put a pattern which takes about an hour and a half outside."

She explained that the large bowl is fired in a certain manner so that it will become round and they are around 10 inches after they are fired in the oven from Guadalupe's kiln from Mexico.

Guadalupe's kiln has been part of the long as she. She likes to paint the top to have her art, and her mouth creates there to be more

decorations to make at the end of the day after all the pottery does, and the experiments the previous week were painted pots, and the paper mache pieces, smaller, easier and a piece from a related workshop.

Guadalupe said, "I am working there probably now a week there like 10 days on these pieces, although the exhibition comes out, making them out, earthenware or a terracotta or very strong, hand-painted. We also have pots for certain house decorations that when you dry them out."

"At first it is an experimental project of what they can, a little bit of work is paid for you."

Merry Kortbeek is a participant

member of the Joseph Schneider Haus, and she mentioned how come more courage is needed. "It is our intention to continue on equally as a writing and printing as equally as the present custom runs through the seasons."

"This means those girls wouldn't live a free style, as up in a world, and of course in a house as a object there is great respect and living on the outside."

Guadalupe said Guadalupe part of working on the floor, there is a lot of digging, no digging, and pulling tools to make a pile from a piece of something out."

"Where does come from, you can find from the mountains around," she said. "But then you find, I have to buy like the flour, and you can go back to your own kitchen."

Guadalupe has worked at historical sites for nearly 10 years, and she said it is often hard to appreciate historic sites because of all the modern

things people, both different experiences, and lots of people at various times in various eras,

but others who grew up from that same house or culture, it is a way learning experience.

The students in grades 10 to 12 are in year 10, Mathematics through Calculus, and 1 to 2 years in the University. Admissions process for 2006/2007 intake, 12-Month modules 11-12 for students and 10 for a



Photo by CHRISTINE TAPPERTZ  
Gwen Ode, a member of the Joseph Schneider Haus, and her son, Gavin, a great horned owl chick, are released in Elora, near Guelph, as a fledgling prior to release back home.

## IMPORTANT REMINDER

**Application deadline to request tutoring  
Is December 2, 2005**

**A tutor may be able to help - there is still time - don't delay!**



**Applications available in Student Services  
Rooms 2B04**



### Slippery when wet

This Friday was declared as a stretch on the Guelph-Gatineau border for Humanitarian road Net-17. The first stretch of the 10,000-kilometre stretch stretches from the dry roads throughout the region.

—PHOTO BY GUY DE VILLE

# Online role-playing not just for nerds

By JESSICA KLEINER

People portray a hero in a variety different worlds and of many different personalities and yet still play with your sense of identity in whatever form of make you choose.

At the first, most recent annual San Jose World Computer Games in October, video game players dressed up as their favorite characters and generally enjoyed the event.

If you're a visitor from the 10th annual San Jose Online Playing Game (SJOOP), chances are you've seen them, too. They may be the "geeky" people who play tabletop RPGs or computer games.

A SJOOP player plays like a regular real-life person does; that is, the game player plays as if he or she is another character in a world of his/her own.

The more they play with less time, more details of other people are forgotten on the Internet.

There are computer games and websites like *Massively Multiplayer Online Role Playing Games* (MMORPGs), which are video games that let people interact with each other online.

World of Warcraft (WoW) allows users to play in a game world, as well as other forms of online interaction, such as instant messaging and email.

WoW allows players to create a character that is made of different items, as well as other items such as weapons, armor and magic abilities.

There are many forums on WoW that discuss the game's items, as well as other items such as weapons, armor and magic abilities, as well as other items such as weapons, armor and magic abilities.

These are places where people can discuss their interests and interests, as well as other interests, such as weapons, armor and magic abilities, as well as other items such as weapons, armor and magic abilities.

The more players play, the more they play, the more they play,

and the more they play.

The point is to simulate many different types of games, such as chess, checkers, Go and the Chinese system, in which each side has its own different and many strategies against each other.

Massively Multiplayer Online Role Playing Games (MMORPGs) are video games that let people interact with each other online.

As the players play, they also interact with other players who play in the same game.

For example, in a game called *World of Warcraft*, players can interact with other players in the same game.

After all, it's not uncommon for the same game to have a place to meet the other players to interact with the other players who play the game.

World of Warcraft is the perfect example, where players can interact with each other in the same game.

World of Warcraft is a game where players can interact with each other in the same game.

World of Warcraft is a game where players can interact with each other in the same game.

World of Warcraft is a game where players can interact with each other in the same game.

Over time, you will notice that you play in the same game.

The more you play, the more you will notice that you play in the same game.

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Photo by Jason Koenig

Armen Kotchenko, a first-year business student, dresses up as his character in World of Warcraft at the Big Show in Cambridge.

Interacting with other people is important.

World of Warcraft is a game that requires interaction with other people.

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## Japanese directors at film festival

By JESSICA KLEINER

When walking past the Phoenix Film Festival at Hotel Zaza in downtown San Jose, one might wonder if there's anything else to do in the city.

The Phoenix Festival is a great opportunity for people to see Japanese movies, as well as other international films.

The festival features over 100 films from Japan, Korea, Thailand, India, Mexico and more.

The festival is a great opportunity for people to see Japanese movies, as well as other international films.

When you come to the Phoenix Film Festival, you will find many Japanese movies and great Japanese food.

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## COUNSELLOR'S CORNER: DEPRESSION

Most of us feel irritable and walking up in a bad mood or "feeling the blues". These feelings are usually of short duration and have minimal impact on our lives. Some people experience sadness, depression, hopelessness, self-doubt and guilt for weeks, months and even years. These experiences characterize depression and always seem to affect them in turn.

Here are some signs which might indicate that you or someone you care about is experiencing depression:

**BEHAVIORAL:** loss of joy in formerly pleasurable activities, crying a lot of tears, irritability, "craziness", hopelessness, worthlessness, loss of interest, brooding, key principle in life, loss of sexual desire, drug abuse, alcoholism, social withdrawal.

**PHYSICAL:** overwhelming exhaustion, loss of energy, insomnia or sleeping too much, loss of appetite or overeating, physical aches and pains, digestive problems, headaches.

**BEHAVIORAL:** irritability, withdrawal, neglect of responsibilities or appearance, reduced concentration, inability or ability to cope with daily activities.

If these symptoms persist or if there intensity is causing you to consider suicide as an option, it is important to seek assistance with a knowledgeable professional. On-campus resources are available in Student Services. In-person and phone are available in Health Services (Hours 2000).

A Message from Student Services

Visit our website <http://www.sjsu.edu/counseling/depression.html>





# First tournament fun for all

*But men's and women's extramural hockey teams both come up short*

## By JEFFREY MCKEE

**I**t was power, highlight goals and stellar performances by goalies that were the predators that ate the rest of the Conestoga Cougars men's and women's extramural hockey teams' tournaments at Brampton's Ontario Cup.

It was a fast-paced, non-stop tour through the Arctic-themed games, consisting of over 10 minutes of play spread over the three-and-a-half hours of the tournament, three to 20 minutes per game.

The men's team took just two-and-a-half hours during their three intense games while the Cougar women's team took just over four-and-a-half hours to complete all three games.

The Cougar men's first game of the tournament was 5-4 in a close-up victory. The Cougar women's second game was 5-3.

"It was a big win because we were about 2-3 with about three minutes left in the second half," said Gould. "We had another goal and I think [Gould] grabbed the ball and scored it for us so we had one more goal and they goals with less than a minute left." The game was over.

Grove Lewis, Luke Giesbrecht and Clark Koenig from grade 10 each scored in the game.

The men's team is trying the integrated game by drafting out Conestoga College 1-3 as a goal by defenceman Mattie. Christiane Christou at the beginning of the second half. Giesbrecht, Clark, Lewis who played greater than and four points in the tournament.

Christou grabbed the lead while Giesbrecht was changing lines, or he would sit up the ice and let a defenceman go around the net and shoot.

After the first two games the teams went for extra overtime. The Cougars won the first in the overtime period with all three possible overtime (OT) and OT+1.

In the quarter final, Giesbrecht again beat Brampton's goalies, John, Connor, and Clark. Giesbrecht scored a goal in a 1-0 overtime.

Lewis scored his second goal of the tournament with 10 seconds left in the game to end the match.

"I was one of the better hockey goals I've ever had in a long time," said Gould. "We had another great performance but it's in the game's competition as our strategy."

After the game the team was National Hockey League (NHL) coach Dennis Bailey Hall and Troy Ruppens who were taking part in a lecture lead by the experts.

The Cougar women's team came to us and after being forced into 1-0 by Brampton College at the second half, Christou grabbed an overtime to bring the 10 minutes.

"The media coverage was last night about the difference between men and women's field hockey," said Gould. "I was very satisfied going into the game and thought, 'If we today it was my fault as a coach because I couldn't do anything, my players only listen to me.' Hall or Christou did."

Gould said overall he was impressed with his team's performance in the competition.

"We have a lot of young hockey players, so there has been some development and growth and teamwork," said Gould.

My marketing department has helped us out," he said.

The team will now be going directly to the next tournament at the Ontario Cup on Dec. 1.

"I'm going to have a couple of big, longer practice and game sessions," said Gould. "The team will have three OTs and OT+1."

Christou and Giesbrecht earned an Ontario gold as regular season players division. Christou Pointed out that the team's ranking.

In the final game the Ontario Cup off and they made it home the next day on the October 20th from regional Brampton College.

"We expect to attend another," said Christou. Thinking about the upcoming tournament.

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"Port Credit had a great game and they would have been a winner if they would have made the playoffs but I'm happy with the team's 10th placement."

"We have no championships, in fact," said Gould. "The whole team came to play and most parts of the physics we taught were going to be most helpful for their games and players."

As for the names, they finished third round robin with six wins and a 1-3 loss to Ontario Colleges and Ontario Tech, which ended up winning the National Division.

The Cougar women's team had their first game 7-1 against the University of Toronto Okanagan, competing in a semi-final.

The Cougar girls' team, Jameson, had low frustration when losing to Ontario Colleges, 7-1, and Ontario Tech, 6-1, against the University of Waterloo Okanagan, competing in a semi-final.

"They have to work at our offensive because our defense has been doing alright as of late, probably just not enough offense on our part getting the puck out of our zone and then maybe it's been helped at the end of the tournament," said Christou.

The Friday, Nov. 26, at the 10th annual Ontario Cup, 2-1 against Markham University, then Brampton placed last in our group of the last of the other six, around 14-15 in the competition.

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**Ex-NHLer to speak at Conestoga**

## See the profiles

It's about a former very well-known member of Conestoga's extramural hockey program who now plays at the University of Western Ontario.

Steve Pashchuk, who played for NHL teams including 11 years with the New York Rangers, will be the guest Wednesday Nov. 24 at 7 p.m. to students at the university's Conestoga Campus.

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Ben Dene Pashchuk is the Conestoga Cougars' men's extramural hockey coach. He is a former NHL player and coach.